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UNIT 1: CELL STRUCTURE AND FUNCTION, ISSA Nutrition: The Complete Guide, Official Course Text for ISSA's Specialist in Fitness Nutrition Program by John Berardi, PhD, Ryan Andrews, MS/MA. RD, International Sport Sciences Association Certification Course, First edition, 2009, Carpinteria, CA

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ISSA Certification Review (2020) - Cost, Value, and More! Posted: (4 days ago) ISSA stands for The International Sports Sciences Association, it is an online health and fitness certification organization founded in 1988. This organization is recognized by the Distance Education and Training Council (DETC).

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